







November

Monday	Tuesday	Wednesday	Thursday	Friday
			Taste of Iceland 	The Price is Right (12-3) 
12-12:30 – Prep: Recipe review & food prep 12:30-2 – Cooking - Turn up the heat and eat 2-2:30 – Clean - Up 2:30-3 – Plan for next week IRONCHEF	HXOUSE LIVE 	11-12 Music Therapy Canvas Artwork (12-3) 	Evening at the market (st. Lawrence Market) 	Storage Locker Exhibit (12-3) 
12-12:30 – Prep: Recipe review & food prep 12:30-2 – Cooking - Turn up the heat and eat 2-2:30 – Clean - Up 2:30-3 – Plan for next week IRONCHEF	BIST Social Drop In 	11-12 Music Therapy 12-1 – LUNCH/Current Events 1- 3 – Yoga Relaxation 	Harry Potter and the Goblet of Fire in Concert 	Stress Free Bingo Game (12-3) 
12-12:30 – Prep: Recipe review & food prep 12:30-2 – Cooking - Turn up the heat and eat 2-2:30 – Clean - Up 2:30-3 – Plan for next week IRONCHEF	MOVIE NIGHT General \$7.99 IMAX \$13.99 	11-12 Music Therapy Freeze Dance 	Yukon Blonde & the Zolas 	Winter at Ontario Place (Dress Warm) (12-3) 
12-12:30 – Prep: Recipe review & food prep 12:30-2 – Cooking - Turn up the heat and eat 2-2:30 – Clean - Up 2:30-3 – Plan for next week IRONCHEF	John Legend (Christmas Tour) 	11-12 Music Therapy 12-1 – LUNCH/Current Events 1- 3 – Board Games 	Toronto Christmas Market 	Sea Shell DIY (12-3) 